



CUB PACK PROGRAMMES

MUD, MUD, GLORIOUS MUD

Week 1

Time	Activity	Programme Element	Instructions	Materials
15 minutes	Animal Jigsaw	Games	See Fun and Games 2 No 868	Animal pictures cut into jig saws
5 minutes	Opening		Prayer, Grand howl, Inspection	
10 minutes	Centipede	Games	See Fun and Games 2 No 865	
30 minutes	Clay Animals	Handcraft	Make clay models. Suggestions: Footprints, Animals	Clay, old paint shirts
5 minutes	Red Letter Animals	Games	See Red Letter, Fun & Games 2 No 953. Have Cubs try to write down words associated with animals.	Pencils, paper
10 minutes	Water Balloon Toss	Games	Have Cubs pair off, half fill balloon with water for each pair, toss to each other moving further apart each time	Water balloons, Water
15 Minutes	Maori String Game	Wero	My Country 8 – Cub Scout Activity Book page 71	String
10 Minutes	Guest		Have a local potter come in to take models for firing> Ask that person to explain about firing, how long it takes etc.	
5 Minutes	Closing		Notices, badge presentations, prayer	

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Week 2

Time	Activity	Programme Element	Instructions	Materials
15 minutes	Do your best	Coming In Activity	Find pictures from magazines showing "Do your Best" Make mural afterwards	Magazines, Glue, Scissors
5 minutes	Opening		Prayer, Grand howl, Inspection	
10 minutes	Big foot	Games	See Shove Ho, Fun and Games 2 No 848. Perhaps, draw a big footprint rather than a circle	Whistle, chalk
15 minutes	Foot prints	Handcraft	Make plaster prints of own foot prints. Let prints set. Have Leader prepare plaster while the previous game is being played.	Plaster of Paris, newspaper, old towels and soap and water
10 minutes	Crab race	Game	See Fun & Games 2 No 649	
15 minutes	Whose foot is that?	Wero	Try to identify each other's footprints. Also include Leaders	
5 minutes	Yarn	Storytelling	Tell how mud is used for different purposes eg mud packs, drawings, animals use it for healing, cuts	
20 minutes	Colourful feet	Handcraft	Paint and decorate feet. Use as paper weights	Paint, paper, brushes, paint shirts, newspaper
5 Minutes	Sing Song	Singing	Selected from Six Leaders' Council meeting the month before.	
5 Minutes	Closing		Notices, badge presentations, prayer	

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Week 3

Time	Activity	Programme Element	Instructions	Materials
15 minutes	Animal Prints	Coming In Activity	Have a sheet of paper with animal prints on. Cubs try to identify which prints belong to which animal.	Photocopied animal print sheets
5 minutes	Opening		Prayer, Grand howl, Inspection	
5 minutes	Setting out Rules		Explain course, safety rules etc	
70 minutes	Stuck in the mud?	Wero	Cubs complete an obstacle course/tyre challenges as in Outdoor Obstacle Challenge Outdoors 14, Cub Scout Activity Book page 22 and Tyre Course Physical 8, Cub Scout Activity Book page 37	Ropes, poles, boxes, drums, cane/tin stilts, old tyres
10 Minutes	Closing		Presentation of Certificates, notices, badge presentations, prayer	Certificates for course, Notice about "Mud Day"

Notes:

1. This programme will require additional help to be recruited. Try parents, Scout Leaders, Rovers, Venturers?
2. Ask someone (a parent?) to produce some special certificates.
3. Remember to complete a risk assessment of the course before the Cubs use it.

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Week 4 Highlight

MUD DAY ACTIVITY

Timing: Mid – afternoon to early evening (Summer)

Venue: Need a hillside, water, river

Activities:

- Mud slide down hill into Mud Hole
 - Lay black polythene down hill, run water down, dig hole at bottom
- Tug of War over Mud hole
 - Try to pull each other into mud hole
 - Have a parents versus Leaders Tug Of War !!!!
- Water bomb and flour bomb
 - Fill balloons with water / wrap flour in tissue
 - Place around given area – Colour code Cubs with wool
 - Place in teams – **Go for it**
- Swim in river or under hose
- Barbecue for tea. Parents pick up and join for tea.

Equipment: black polythene, tug of war rope, water balloons, flour, tissue, barbecue, food, first aid kit

Checklist:

Before			
Venue arranged		Equipment arranged	
Parents' permission obtained		Transport arranged	
Risk assessment completed		Food arranged	
Activity Intention Form completed		Additional helpers recruited	
After			
Venue left tidy		Activity recorded for Pack Outdoor Award	
Helpers thanked			