



PROGRAMMES ON A PLATE

THEME: LIFE SKILLS (Refer to Award Scheme)

TIME	MODULE	AWARD LEVEL	LEARNING EXPERIENCES	RESOURCES		
Several weeks 1-2 hrs	Social Skills	Silver	<p>Content: Dining Etiquette, Personal Grooming, Self Esteem, Individual Attitudes, Social Interaction, Cultural Etiquette.</p> <p>This is a unit activity.</p> <p>Visiting or visited experts can give insight & demonstration in their chosen fields.</p> <p>A formal dinner using skills learned could round off this module.</p> <p>An additional challenge – a formal 3-4 course dinner using various types of camp stoves.</p> <p>An outing to a formal restaurant for a meal.</p>	<p>Various experts can visit or be visited: chef, maitre d', grooming expert, wine buff, Hotel & Catering Industry Training Board, various restaurants, various beauticians, apparel outlets.</p> <p>There are many resources in the community – look wide.</p>		
1-2 hrs	Community Services	Silver	<p>Content: Citizen's Advice Bureau, Budget Advice Service, Youthline, Samaritans, Youth Law Centre, Career Advisers (School), Modern Apprentice Scheme.</p> <p>Suggest that this field is covered broadly so Venturers have an idea of scope of resources and look at one in some depth.</p> <p>A visit to one of the above organizations or a visiting speaker invited to a unit meeting.</p>	<p>Local Citizen's Advice Bureaus have most of the resources needed for this module and are most helpful.</p> <p>Visits from various representatives of the community Services listed.</p>		
1-2 hrs	Leaving the nest	Gold	<p>Content: Have a knowledge or understanding of</p> <table border="0"> <tr> <td> <p>Leaving Home</p> <ul style="list-style-type: none"> Budgeting Tenancy Act 1989 Finding somewhere Who helps </td> <td> <p>Flattening</p> <ul style="list-style-type: none"> Budgeting Domestic Skills (cooking, laundry) Finding flatmates Who helps </td> </tr> </table> <p>Get some young people who have just gone flattening to come in and talk about what works and what doesn't and how division of labour is done ie who does what. These young people could form a panel - question & answer session after individual talks from panel members.</p>	<p>Leaving Home</p> <ul style="list-style-type: none"> Budgeting Tenancy Act 1989 Finding somewhere Who helps 	<p>Flattening</p> <ul style="list-style-type: none"> Budgeting Domestic Skills (cooking, laundry) Finding flatmates Who helps 	<p>Local Citizen's Advice Bureaus have pamphlets on many of these topics and also have experts on their books who can visit the Unit.</p> <p>Use young people from the community eg university/tech students, young apprentices, who are flattening – make sure they have time to research topics before presentation.</p>
<p>Leaving Home</p> <ul style="list-style-type: none"> Budgeting Tenancy Act 1989 Finding somewhere Who helps 	<p>Flattening</p> <ul style="list-style-type: none"> Budgeting Domestic Skills (cooking, laundry) Finding flatmates Who helps 					
Several weeks 1-2 hrs	Employment skills	Gold	<p>Content: CV's, resumes</p> <ul style="list-style-type: none"> Work, contracts, wage protection, minimum wage Unemployment & self appraisal, handling rejection Value of time, goal setting, community work Opportunities for learning & training, Modern Apprentice Scheme <p>This module can be covered by visiting employment agencies such as Drake personnel, having employment consultants, businessmen, CEO's, visit the Unit to discuss employment issues and the importance of well set out CV's/resumes.</p>	<p>Organisations such as Drake Personnel, Employment Agencies, Employers' Federation, School Career Adviser, Citizen's Advice for employment related brochures.</p>		

NOTE: Refer to Venturer Award Scheme for full list of possible modules ... the above is a small selection only