



PROGRAMMES ON A PLATE

THEME: RISK MANAGEMENT (Refer to Award Scheme)

TIME	MODULE	AWARD LEVEL	LEARNING EXPERIENCES	RESOURCES
Over several weeks 2 hrs	Road Safety	Silver	<p>Content: Road code, drinking, driving, drugs, roadworthiness of vehicles, buying a vehicle & what to look for, vehicle care, advanced & defensive driving courses, risk perception.</p> <p>Visits to panel beaters, motor mechanic's workshop, Police Station, performance cars workshop, 4x4 club. Visits to Unit by Community Constable, Motorway Patrol, car club enthusiasts.</p> <p>Videos can be used in conjunction with visiting speakers or stand-alone.</p>	<p>Road code, Automobile Association, land Transport Safety Authority... www.upscratch.govt.nz</p> <p>NZ Police, 4x4 clubs, Motor Vehicle Dealers Association, Motorcycle clubs.</p> <p>Numerous videos are available eg Drive Plan.</p>
Over several weeks 2 hrs	Environmental Safety	Silver	<p>Content: Home, water, work or school. Focus on water but all three covered in presentation.</p> <p>Look at display of material available on water safety.</p> <p>Talk about life jacket (PFD) types & try on. Visitor speaks on basic boating rules or use video. Dangers such as hypothermia.</p> <p>Other water dangers such as sewage, river currents, rips, weeds etc.</p> <p>Individual contributions on...</p> <p>Home: electrical faults, wiring, medicine & poison storage.</p> <p>Work (school): safety rules of workshop, workplace, Scout Hall.</p> <p>Safe travel, environmental design & safety.</p>	<p>Water safety: Good material put out by Maritime Safety Authority, local coastguard, boat clubs, Regional Councils, Water Safety NZ, Surf Lifesaving clubs.</p> <p>Home, Work & School: Accident Compensation Corporation, local council, registered tradespeople – plumber, electrician etc.</p>
1-2 hrs	Chemical Dependency	Gold/Silver	<p>Content: Alcohol, tobacco, Marijuana, Solvents, other drugs. Antibiotics, sugar, medications, coffee/tea, steroids.</p> <p>This module lends itself to individual research which can be reported back at a Unit meeting. Individuals given one aspect to look at. Discussion and questions by Unit after individual presentation.</p>	<p>Alcohol Advisory Council of NZ, Alcoholics Anonymous, Citizens' Advice Bureau, Community Family Health Counselling Centre, Local Body Health Officers, Hospital Counseling Services, Ministry of Health, Narcotics advisors.</p>
1-2 hrs	Sexual Safety	Gold/Silver	<p>Content: Relationships, sexual abuse, safer sex, sexually transmitted diseases, contraception, sexuality.</p> <p>Preferable to have an 'expert' talk to the Unit. It is important that the professional such as a Public Health Nurse, Doctor, etc, can speak to Venturer age young people in a non threatening, non judgmental manner.</p>	<p>Community Family Health Counselling Centre, Family Planning Association, Hospital Counselling Services, Public Health Nurse, Department of Health, Ministry of Health, Public Health Commission</p>
1-2 hrs	Personal Safety	Gold/Silver	<p>Content: violence & personal abuse, personal development, (Physical, mental, social, spiritual). Healthy lifestyle, nutrition, fitness, bereavement, stress management, hygiene, peer pressure, personal motivation, cultural awareness.</p> <p>This module lends itself to individual research & presentation to Unit. Could be done as a panel with discussion & questions.</p>	<p>Citizens' Advice Bureau, OSH, Accident Compensation Commission, Sports Medicine Centres, Fitness Centres, counsellors, Ministry of Health, Heart Foundation</p>

NOTE: Refer to Venturer Award Scheme for full list of possible modules ... the above is a small selection only